



# JUST Love

JUNE 2021



MONTHLY NEWSLETTER OF THE OFFICE OF PEACE, JUSTICE AND  
ECOLOGICAL INTEGRITY OF THE SISTERS OF CHARITY OF SAINT ELIZABETH

Summer usually brings a more relaxed schedule for many of us, with time for vacation, retreat, or just enjoyment of the extra hours of light each day. Why not use a little bit of that time every day to take a deeper dive into an issue of peace, justice, or the integrity of creation that is especially important to you. Right now, enter into a moment of reflection and ask yourself, What issue do I really have passion for? What brokenness in the world really moves my heart? What have I always wanted to understand better? Who can I join forces with to make the changes I want to see in the world? Notice what rises within you. Choose an issue that has energy for you. Do some research. Connect with an organization that works on this issue – even just to contribute to it or to receive its emails. Find below the links to information on each of the Sisters of Charity Peace, Justice, and Ecological Integrity Priority Issues that might get you started.

**Poverty:** NETWORK, the Catholic social justice lobby offers a resource *21ST CENTURY POVERTY: Illuminating the Reality of Poverty in America* which examines the inaccurate perceptions and stereotypes about poverty rife in our political discourse.  
<https://networkadvocates.org/21stcenturypoverty/>

**Ecological Integrity:** Check out the Ignatian Solidarity Network's 21 Day Environmental Justice Challenge. An excellent resource for exploring how other justice issues intersect with care for Earth  
<https://ignatiansolidarity.net/21-day-catholic-enviro-justice-challenge/#toggle-id-31>



**Racism:** Were you ever surprised by calls of racial justice organizations to “abolish the police?” It’s not as crazy as it might sound. Investigate the “Defund the Police: An Abolition Curriculum,” provided by the Mennonite Church <https://www.mennoniteusa.org/abolition-curriculum-intro/>

**Women:** Do you know the Equal Rights Amendment was first introduced in Congress in 1923? 2021 might be the year for its

ratification <https://www.washingtonpost.com/outlook/2021/03/17/2021-could-finally-be-moment-equal-rights-amendment/>

**Peace and Nonviolence:** With the vote, your power as a consumer is significant. Learn about the *Don't Bank on the Bomb Campaign* in which ordinary citizens leverage their influence for disarmament.  
<https://www.dontbankonthebomb.com/>

**Human Trafficking:** *US Catholic Sisters Against Human Trafficking* offers a number of short educational modules on various aspects of human trafficking. Ever wonder how trafficking and migration are related? How pornography abets trafficking? What major sports events have to do with trafficking. Learn all about it here <https://sistersagainsttrafficking.org/education/modules/>

**Migrants and Refugees:** Learn how to walk with refugees at the website of the Jesuit Refugee Service  
<https://www.jrsusa.org/walking-with-refugees/>

Learn about the prospects for Congressional Action on comprehensive immigration reform <https://justiceforimmigrants.org/>



## Tips for a More Eco-Friendly Summer

- Swap your standard sunscreen for a non-chemical version. A lot of sunscreens actually contain harmful chemicals that pollute your skin and the environment. Look for safer sunscreens, avoiding ingredients like oxybenzone, retinyl palmitate or parabens, and go for mineral protections.
- Use fans instead of air conditioning. Since a fan just moves air around it uses 90% less energy than central air conditioning units and still keeps your house cool during summer.
- Buy food locally. Find out when the local Farmers' Market is being held and ensure that the veggies you're eating haven't traveled thousands of miles just to reach your plate.
- Try vegan barbecue. Meat production is one of the leading causes of climate change in part because of the huge amounts of water, grain and other resources required to feed animals. Chickpeas burgers, tofu skewers, veggie kebabs, seitan barbecue ribs. Why not give it a try?

May 9 was the 100th anniversary of the birth of Jesuit poet and peacemaker Daniel Berrigan. Do you know he has a Sister of Charity connection? His father's sister Bridget Berrigan entered the Sisters of Charity of New York in 1905 and received the name Sister Maria Josephine. At this link you can find a prayer service celebrating the life of Daniel Berrigan [https://oe4f0307-8157-4c79-9229-37922dbe65e9.filesusr.com/ugd/a2bb32\\_53eb1edeb16a4050aedcc33b6b9e3ea7.pdf](https://oe4f0307-8157-4c79-9229-37922dbe65e9.filesusr.com/ugd/a2bb32_53eb1edeb16a4050aedcc33b6b9e3ea7.pdf)



## JPIC Days to Remember in June

**6 Corpus Christi** "I believe with all my heart that the best thing we can do in such places as you describe [nuclear weapons stockpiles] is to celebrate the Eucharist...It's enough to say; I prayed where prayer was forbidden because death was in charge." Daniel Berrigan, SJ

**8 World Ocean's Day** Do you love the ocean? Then advocate for its well-being. Check out two NJ advocacy organizations Waterspirit <https://www.waterspirit.org/> and Clean Ocean Action <https://cleanoceanaction.org/index.php?id=334>

**11 Feast of the Sacred Heart** "Christ, his heart a fire, capable of penetrating everywhere, and gradually, spreading everywhere.... Our spiritual being is continually nourished by the countless energies of the tangible world." - Teilhard de Chardin

**12 Anniversary of the Orlando nightclub shooting** which left 49 dead, the deadliest incidence of violence against the LGBTQ community.

**19 Juneteenth** The date of the emancipation of the last enslaved people in the US "I prayed for freedom for twenty years, but received no answer until I prayed with my legs." - Frederick Douglass

**20 World Refugee Day** "Dear friends let us not forget the flesh of Christ which is in the flesh of refugees: their flesh is the flesh of Christ." - Pope Francis

**21 Summer Solstice** "This is the solstice, the still point of the sun, its cusp and midnight, the year's threshold and unlocking, where the past lets go of and becomes the future; the place of caught breath." - Margaret Atwood